Substance Abuse and Behavioral Intervention

Professional Counseling

Vision

State of Grace is committed to the individuals of our community and their continued personal growth throughout their lives. We envision their personal wellness and values contributing to the success of our local communities.

Mission

State of Grace is dedicated to our Southern Colorado Communities we reside within. We are determined to positively "make a difference" in individual lives through multiple professional counseling interactions, strategies and collaborations.

Value Statement/Guiding Principles

At State of Grace, we value our clients and the communities we serve. We value the needs of our clients first. State of Grace affirms these values:

- Confidentiality
- Integrity
- Family
- Empathy
- Service
- Individualized Treatment
- Collaboration
- Strength Based
- Personal Development
- Commitment

- Community
- Ethics
- Compassion
- Healing
- Fairness
- Respect
- Diversity
- Encouragement
- Genuine
- Accountability

Counselors:

Brittany Valdez, B.S.
Steve Vigil, CAC III
Mark Salazar, CAC II
Alice Montoya, CAC III
Rick Maes, B.S., CAC III
Connie McDonald, CAC III
Ruby Sanchez, M.A., L.P.C.C.
Sarah Sandstrom, L.P.C., CAC II
Lenny Ruiz, M.A., L.P.C.C., CAC II
Licensed by the Office of Behavioral Health (OBH)

"A Holistic Approach to Life"

**MEDICAID Approved Provider
for Substance Use Disorders**

Professional Counseling

720 North Main St. Suite 240 Pueblo, Co. 81003
Phone: (719) 569-7909   stateofgracecounseling.com

Program Services

Individual Counseling – Counseling is a collaborative process in which a unique, confidential helping relationship is developed between a counselor and a willing client. The counselor and client explore the client's feelings and behaviors, relationships with others, choices and decisions, as well as the client's current situation.

Family Counseling – A style of counseling that works with family members to help treat the identified area that is experienced by one or more family members or by the whole family group.

Group Counseling – Group counseling is a form of therapy, which posits that people benefit from shared experiences in a safe environment. Usually group counseling is focused on a particular area of growth. State of Grace offers the following group counseling areas of growth:

Therapeutic Mentoring – Therapeutic Mentoring offers structured, one-to-one, strength-based support services between a therapeutic mentor and a youth (up to the age of 21) for the purpose of addressing communication, daily-living, and social needs. Services are provided in any setting where the youth resides, such as the home (including foster homes and therapeutic foster homes), and in community settings, such as schools, child care centers, respite settings, as well as other culturally and linguistically appropriate community settings.

Substance Use Evaluations

Mental Health Evaluations

Brochure for Municipal Court Youth Referrals/Services

720 N. Main St. Suite 240 Pueblo, Co. 81003
Phone: (719) 569-7909   stateofgracecounseling.com

Adolescent/Young Adult Substance Use Services

Minor in Possession (MIP) - *statutory required hrs.*

 - MIP I = 8-hours Education Gateway Seminar
 - MIP I = 8-hours Education Marijuana Seminar
 - MIP II = 12 hours Treatment (Medicaid eligible)
 - MIP III = 20 hours Treatment (Medicaid eligible)

- Minor in Possession I (MIP-I) - Gateway Seminar

  ➢ 8-hour Educational Seminar completed in two 4-hour educational sessions generally the first and second Monday of every month from 5pm-9pm (after school).

- Minor in Possession II (MIP II) - Treatment

  ➢ 12-hours of treatment level services involving one weekly individual session and one weekly group session for 5 weeks (Medicaid eligible).

- Minor in Possession III (MIP III) - Treatment

  ➢ 20-hours of treatment level services involving one weekly individual session and one weekly group session for 8 weeks (Medicaid eligible).

- Marijuana Education Program (SB 14-215)

  ➢ 8-hour Educational Seminar completed in two 4-hour educational sessions generally the third and fourth Mondays of every month from 5pm-9pm (after school).

Behavioral Services

- Gang Prevention, Intervention & Treatment – is a 1-6 hour weekly program that includes group sessions, individual sessions and mentoring services weekly.

- Anger Management – is 3-session program based on the evidenced based Aggression Replacement Training (ART), Change Companies Anger & Other Feelings Journal & the SAMHSA Program (for substance use and mental health clients).

- Victim Empathy – is a 3-session State of Colorado created curriculum supported with the Change Companies Victim Awareness Journal involving evidenced based strategies.

- Property Reparation: Victim Awareness – is a 4-hour Educational Seminar completed in two 2-hour sessions generally on two consecutive Fridays after school hours.

- Educate 2 Protect (E2P) – is a 2-hour Educational Seminar usually completed on Fridays after school hours.

- Therapeutic Mentoring - 1-4 hours weekly in the youth's community to include school and home based services.

Specialized Services

Community & Transitional Services:

- Wraparound Services – Wraparound services are individualized community-based services that focus on the strengths and needs of the child/adolescent and family. Wraparound services are developed through a team-planning process, where a team of individuals who are relevant to the well-being of the child (such as family members, service providers, teachers, and representatives from any involved agency) collaboratively develop and implement an individualized plan of care, known as a wraparound plan.

  ➢ Intensive Programming – 7-9 hours of intensive intervention weekly based on the individualized need of the client.
  ➢ Moderate Programming – 4-6 hours of intervention weekly based on the individualized need of the client.
  ➢ Minimal Programming – 1-3 hours of intervention weekly based on the individualized need of the client based on their observed progress.

****MEDICAID approved provider
for substance use disorders****