

Seizures

Seizures affect millions of people worldwide. Although most people are familiar with Epilepsy, it is only one condition that patients exhibit seizures. Seizures are often associated with illnesses such as epilepsy but there are several other reasons seizures can occur such as low blood sugar, other imbalances and even drug use. Most often, a seizure is recognized by someone uncontrollably shaking but appearing awake and not responsive may be another symptom. Once you recognize someone is in a seizure, giving them help is the most important.

Call 911 immediately – even if the seizure lasts for a few minutes, it is always best to make sure that they get help.

Clear away all hard or sharp objects – when people seize, they may get hurt by what they hit. Make sure everything is away from them.

Do not try to hold them down or put anything in their mouth.

Do not give them anything to eat or drink – they are not able to swallow, and this could be a choking hazard for them.

Occasionally, people who have seizures are aware that they are having one but are not able to respond. Treat them with respect. Remember that seizures are caused by several different reasons and it's important that they receive help as soon as possible. If you have questions or would like more information, contact your physician or hospital.