

Needle disposal

With the advancements of medical care, more and more procedures are being done at home and this includes medications that are administered through injection. Injections require the use of a needle, and they need to be disposed of properly. Some common types of at home needles used are lancets for diabetes testing, insulin syringes and Epi-pens. By following a few simple rules, you can make sure that you and everyone else stays safe when it comes to needle safety.

- Never attempt to pick up needles with bare hands, use tongs or pliers.
- Do not recap or try to bend needles, this can lead to accidental “sticks”
- Do not throw needles away in the general trash. Use a sharps container (usually a bright red container located in restrooms)
- Containers should be taken to an appropriate disposal site
- If you have been accidentally stuck, get medical help immediately to prevent possible disease complications.