



Mission

Friendly Harbor improves quality of life, develops relationships, and provides a unique model of support through our Peer Specialist, for those living with mental health or substance use issues.

Vision

Clients and staff are living and managing the highest quality of life of which they are capable.

What is Peer Support?

Peer support professionals are people who have been successful in the recovery process who help others experiencing similar situations. Through shared understanding, respect, and mutual empowerment, peer support professionals help people become and stay engaged in the recovery process and reduce the likelihood of relapse. Peer support services can effectively extend the reach of treatment beyond the clinical setting into the everyday environment of those seeking a successful, sustained recovery process.

SAMHSA
Substance Abuse and Mental Health
Services Administration



How Do We Work?

- District Court
- Probation
- DHS
- Parkview
- Rescue Mission
- Community Partners
- The House

How are we working toward complete self-sustainability?

- Medicaid Billing
- DHS Contract
- Probation Contract
- Individual and Corporate Sustaining Donors



Friendly Harbor Community Center
2713 N. Grand Ave.



ARPA FUNDING REQUEST

Why...

Mental Health Issues and Substance Use Disorders have accelerated sharply during the pandemic. An initial report issued in May of 2021 by the Substance Abuse and Mental Health Services Administration (SAMHSA) estimated issues ranging from stress, anxiety, and depression to serious substance abuse and suicidal ideation had increased by as much as 28%. That was in May. Current data show these trends now in the high 30% ranges and more. Colorado and Pueblo in particular fall in that range. Colorado ranks dead last in adult access to mental health support. Nationwide, efforts to create access points for resources to combat pandemic-related issues have ramped up. Peer Support is among those efforts and is having an impact.

What...

Friendly Harbor is seeking \$75,000 in support funds to increase staffing at our Peer Support Specialist level. Specifically, we are looking to engage more significantly with Veterans Court, Behavioral Health Treatment Court, and Parkview Health Systems. We currently engage with and receive referrals from each of these areas but are not always able to connect with those who are referred as productively as we would like. Increased staffing would give us the means to do this. In addition, we aim to step up our outreach efforts. There are a multitude of opportunities for support groups with assisted living facilities and groups homes, along with CIMHP and the Colorado Office of Behavioral Health. Outreach opportunities are abundant through community events and direct engagement with partner organizations and access points. We simply need to increase our staffing – both by hiring and moving current part-time staff to full-time positions.